

# DNR ADAPTIVE KAYAKS

*... Opening the outdoors for people with disabilities*



For individuals with mobility impairments, the Wisconsin Department of Natural Resources now offers a unique way to experience the outdoors. Buckhorn, Council Grounds, Devil's Lake, Mirror Lake and Perrot State Parks now have specialized kayaks available exclusively for people with disabilities.

The adaptive kayaks are equipped with adjustable outriggers which provide incredible stability on the water and a raised back with side supports that offer the user a comfortable and secure seat while paddling. A paddle with hand adaptations is also provided which offers ease to individuals with limited grip. All of these elements can be adjusted or removed altogether depending on the user's level of function.

Whether you were a paddler prior to a disability or have never had an opportunity to get out on the water in a kayak due to physical limitations, we highly encourage you to get to one of these five state parks to give it a try.

# ... More Accessible Outdoor Recreation



There are nine accessible cabins located within our State Parks and Forests, reservable only by people with disabilities and their guests. Seven of these cabins feature amenities such as lowered counters in the kitchen for wheelchair users, adjustable hospital beds and hoist lifts, and bathrooms with roll-in showers and commode chairs. See our website for more information and cabin availability.

There are over 650 miles of accessible trails throughout Wisconsin to accommodate people with a range of varying abilities. From asphalt to granite to limestone surfaces, these trails will lead you to some of the state's most beautiful natural features and through many State Parks and Forests. To find locations, trail distances and levels of difficulty check our website.



For the more adventurous person looking for a true wilderness experience, we encourage you to give our accessible canoe campsites a try. The Chippewa Flowage and Turtle-Flambeau Scenic Waters Area feature these sites which are both rugged and extremely scenic.

To find out about more accessible outdoor recreation and upcoming events offered by the DNR check out the Open The Outdoors website at [dnr.wi.gov/org/at/af/open/](http://dnr.wi.gov/org/at/af/open/).

